

ST. PAUL ISLAND GUIDE SOCIAL DISTANCING AND HUNKERING DOWN

On March 28, 2020 Governor Dunleavy issued a Health Mandate ordering the following:

All persons in Alaska, except for those engaged in essential health care services, public government services, and essential business activities, are mandated to remain at their place of residence and practice social distancing. For the purpose of this mandate, social distancing is defined as maintaining a distance of six feet or greater from any individuals with whom you do not currently reside.

So what do we all need to do to help slow or stop the spread of the coronavirus?

Do:

- Stay home, work from home if possible
- Immediately isolate any family member who is ill
- Get outside for a walk, hike, hunting, etc. but only when a distance of six or more feet can be maintained between individuals not in the same household
- Monitor you children playing out in the community
- Self-isolate for 14-days upon return from essential travel
- Stay in touch with family and friends using Facetime, calling often or texting
- Call the store for grocery delivery for your household during self-isolation periods (no one in the household should go to the store during that period)

Don't:

- Visit other people in their homes if you do not live with them (this includes house parties and poker)
- Provide people rides, unless you have a pick up truck and they can ride in the back, or if it is an emergency
- Have weddings, church services, funeral services, graduations
- Have public or private gatherings that include non-household members
- Take children to other households for babysitting
- Leave your house if you are sick or exhibit symptoms
- Travel for personal business, unless it is an emergency

Exceptions to working and travel have been made for:

- Healthcare workers
- Essential government workers
- Utility (electric, water, sewer, refuse, fuel, internet, telecommunications) operators
- First responders (police, fire, EMS, emergency dispatchers, court personnel)
- Grocery store workers
- Other

You could be charged with Disorderly Conduct or Reckless Endangerment for violating State Health Mandates.

For more information on COVID-19 and State Health Mandates go to:

<http://dhss.alaska.gov/dph/Epi/id/Pages/COVID-19/default.aspx>.

**Do your part to keep our community safe.
Follow the State Health Mandates!**